



News Release August 5, 2015

Better at Home welcomes new provincial program manager

Kahir Lalji is the new provincial Program Manager of the seniors program [Better at Home](#). He started on August 4, 2015.

Better at Home is a program that helps seniors with simple day-to-day tasks so that they can continue to live independently in their own homes and remain connected to their communities. The Government of British Columbia funds the program, United Way of the Lower Mainland manages it, and local non-profit organizations provide [the services](#).

Lalji has extensive experience in social services with a specialty in seniors' issues. His experience includes executive leadership and project management, as well as community needs assessment, policy development and program delivery and evaluation.

Most recently he was the Director of Community Programs at Kiwassa Neighbourhood House in East Vancouver. Prior to that, he was the Day Program Manager at Community Integration Services Society in North Vancouver. In addition to these roles, Lalji was the project manager and then the chair of the Ismaili Council for Canada's National Creative Use of Time for Seniors Initiative.

Lalji has a Master of Arts from SFU in the Department of Gerontology specializing in community and healthy living for older adults; and holistic quality of life for older adults, specifically vulnerable and immigrant seniors.

There are Better at Home programs in 67 communities across British Columbia.

About United Way of the Lower Mainland

United Way is a charitable organization established over 80 years ago. United Way of the Lower Mainland is dedicated to creating healthy, caring and inclusive communities by helping families move from poverty to possibility, kids be all that they can be and building stronger communities for all.

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