

Recognizing a growing need

Seniors and elders are an important and growing part of our communities, and their active involvement enriches everyone's lives. To ensure that older adults continue to play an active part in our communities, they often need support to live independently in their own homes, surrounded by friends, families and neighbours.

Better at Home helps seniors with simple day-to-day tasks, allowing seniors to maintain their independence and stay connected with their community.

The United Way role

United Way British Columbia supports seniors to age with dignity and in the comfort of their own homes. With funding provided by the government of B.C., the United Way manages the operation of over 90 Better at Home programs across the province.



Better at Home is funded by the Government of B.C. and is managed by United Way British Columbia.



A range of non-medical home support services

Better at Home services vary from community to community.

The basket of services includes:

- Light Housekeeping
- Transportation to Appointments
- Friendly Visiting
- Grocery Shopping
- Light Yard Work
- Minor Home Repairs
- Snow Shoveling



How to find out more

Contact Better at Home to find out more and to apply for services:

Better at Home Provincial Office
c/o United Way British Columbia
4543 Canada Way
Burnaby, BC
V5G 4T4

info@betterathome.ca

604.268.1312

For more information visit:

www.betterathome.ca



Better at Home

United Way helping seniors
remain independent.



Supporting the non-medical needs of older adults in B.C.



United Way helping seniors remain independent.



What is Better at Home?

United Way's Better at Home program helps B.C.'s older adults continue living independently in their own homes by providing simple, non-medical home support services. Its unique 'seniors planning for seniors' approach means older adults contribute to the design, operation, and evaluation of their local program.

Who delivers the services?

In each community, local non-profit organizations deliver Better at Home services. Services are provided by volunteers, contractors and/or paid staff.

Am I eligible and how do I apply?

If you are a senior or elder living in a community that has a Better at Home program, you can apply by calling **604.268.1312**, or see the back page of this pamphlet for contact details.

Who pays for Better at Home?

The Government of B.C., through the Ministry of Health, provides funding to the United Way British Columbia to manage the Better at Home program across B.C. Individual community organizations will also accept donations, raise funds, and encourage volunteer participation.

Seniors who receive Better at Home services will pay a fee based on their income. Some services may be free. The fees-for-service are fed back into the local program in order to serve more seniors.

Which communities does Better at Home currently serve?

United Way manages the operation of over 90 Better at Home programs across the province.

You can find a list of all Better at Home communities by calling **604.268.1312**, or see the back page of this pamphlet for contact details.

Get Involved!

The huge hearts of volunteers throughout the province ensure that Better at Home, United Way, and our partner agencies can provide much-needed and accessible services to B.C.'s older adults.

Thousands of volunteers are currently engaged with Better at Home across B.C., but we are always looking for more! Your help supports a diverse, inclusive and vibrant neighbourhood for everyone.

To volunteer, donate, or get involved with your local Better at Home program, see the back page of this pamphlet for your local program contact details.

