

## Michael Smith Foundation to fund Research on Better at Home

How will we know if we're making a difference in senior's lives? Through research and evaluation! To help assess the effectiveness of Better at Home, we are pleased to announce that the Michael Smith Foundation for Health Research will be funding an independent, peer-reviewed research study for Better at Home. This is part of the Foundation's broader efforts to support the planning, implementation, and evaluation of the BC Ministry of Health's Seniors Action Plan. This research will focus on:

- evaluating the effect of Better at Home on the quality of life of seniors accessing the program
- estimating the incremental cost/cost avoidance of Better at Home to the health care sector
- evaluating the cost-effectiveness of Better at Home
- producing a literature synthesis and comparative cost analysis of similar programs

For details on the Michael Smith Foundation's request for applications visit: <http://www.msfr.org/news/msfr-news/seeking-applications-projects-supporting-seniors-action-plan>

This research together with program evaluation led by the United Way will provide a comprehensive evaluation of Better at Home. Results will help us improve the quality and effectiveness of Better at Home and make good decisions about its future and sustainability.

### Program launch!

Better at Home Kamloops held an enthusiastic public launch on Friday March 1, 2013, with over 60 people in attendance. MLA Terry Lake announced that Kamloops seniors will be able to access a range of non-medical services provided by the Seniors Outreach Society. These services will include light housekeeping, minor home repairs, snow shoveling, and friendly visits. Congratulations to Better at Home Kamloops on a successful program launch

Thank you for your continued support as we strive to support Better at Home sites across the province to help seniors remain independent.



Better at Home Kamloops Housekeeping Crew (from left): Pam, Laurie, Dale, Tara



Christien Kaaij  
Provincial Project Manager  
Better at Home

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